



yes

Instruction Manual

the answer is yes

Welcome to the ownership of a YES watch.

It offers a unique and expanded view of time
with applications never before found in a watch.

YES is a complex time machine and we strongly recommend reading this owner's manual to realize all
the benefits and maximize your experience.

www.yeswatch.com

Copyright Wild Seed Inc. 2004

WATCH DESCRIPTION



Basic Button Functions

M - The Mode button is used to cycle through and select one of the following eight modes:

Normal running for **HOME** / **AWAY** locations

SET HOME - **SET AWAY** - **SET TIME**

SET RING - **Stopwatch** - **SM calc** - **PET**

S - The Set & Data review button is used to Enter Selected Mode, Set Data, Review Time Data in normal running mode and Toggle between **HOME** / **AWAY** locations.

L - The Lock & Alarm button is used to Lock Settings, Enter and Activate Alarms, Override DST settings manually and other time data review functions.

B - The Backlight button is used to Turn Light On, Turn Digital Time Off and step backwards during setting sequence.

C - The Crown is used to Set the 24-hour Solar Hand.

Please note that for the watch to operate correctly
Location and Time must be set.

How to set HOME and AWAY locations.

The watch is pre-programmed for 583 locations worldwide through the years 2000 - 2099. It keeps time for 3 locations simultaneously. The city listing is in alphabetical order.

Push **M** once until display reads **SET HOME**, then push **S** to enter the setting sequence. The letter **A** will flash.

Push **S** until you reach the first letter of your city, then push **L** to enter city listing. Continue pushing **S** until your city appears. (If you pass your selection, push **B** to go backwards) Then push **L** to lock the selection. The display will read **WAIT** and then display city name and time.

To set your AWAY location push **M** twice until display reads **SET AWAY** and follow same procedure as above.

Pushing **M** anytime during setting procedures, or pushing no button at all for 2 minutes, will revert the watch to previous setting.

How to set Digital time and 24-hour hand.

Push **M** three times until **SET TIME** is displayed and then push **S** to enter the setting sequence. Push **S** to set (**B** to go backwards) and then push **L** to lock each setting in the following sequence of flashing letters and numbers:

1. Choose display mode: **AM/PM** or **2400**.
2. Then set the last 2 digits of **Year, Month** and **Date**.
Please note that the setting of year begins with the 2 digits on the right. For example, in 2005, use "05".
3. Then finally set **Hours** and **Minutes**.

Once you lock the minutes the display will read **WAIT** and the seconds will start counting.

Now that you have set digital time for HOME, your watch will automatically adjust for AWAY time, all other time data, and any future changes in HOME location.

Pull the crown **C** out and turn until hand points to time on the 24-hour dial. 12 o'clock noon is on top, 24-hour midnight on bottom. Push crown back in to engage hand.

How to Set location by latitude/longitude.

To do this you need to know latitude, longitude, time zone and DST system for your location. Go to **LAT/LON** under **L** in city listing for either **SET HOME** or **SET AWAY** mode, then push **S** to enter the setting sequence guided by flashing letter or number. Push **S** to set (**B** to go back) and **L** to lock each flashing digital readout. The sequence is as follows:

1. Latitude: **S**=south / **N**=north / **0-90** degrees
2. Longitude: **E**=east / **W**=west / **0-180** degrees
3. Time Zone: Plus/minus **12** hours in **30** min increments
4. DST: **USA** / **EUROPe** / **AUSTralia** / **LATiN** America
or **NO DST**

Once completed the display will read **WAIT** and show time.

- To determine your LAT/LON see an atlas or the inter net.
- To determine your time zone see map on inside back panel.
- To determine DST see page 20 or contact a local source.

Please note that the calculations for setting locations and time may take up to 45 seconds.

How To Tell Time.

YES offers an extensive universe of time data. The following are descriptions of the various aspects and how to use them to your full advantage.

24-HOUR TIME

The 24-hour hand, which tracks the sun's path across the sky, points to time on the inner 24-hour dial. Noon on top, midnight on bottom. Every other hour is shaded and 15, 30 and 45-minute intervals are indicated.

SOLAR TIME

The main center segments shows times for day and night, times for sunrise and sunset and they relate to the 24-hour dial.

LUNAR TIME

The smaller circle in the bottom half of display indicates lunar phase. The outer LCD ring shows times for moon up and moon down, times for moonrise and moonset and they relate to the 24-hour dial.

DIGITAL TIME & DAILY TIME REVIEW

During normal running the digital time continually shows **Hours, Minutes** and **Seconds** for either HOME or AWAY location depending on your choice.

- Push **S** once and **Month, Date** and **Day** will display for 3 seconds.
- Pushing **S** twice will take you to the other location.
- Push and hold **S** for 2 seconds and the following sequence of time data will display:
 - Location - Year - DOY** (day of year)
 - Week # - LON/LAT**
 - SR** (sunrise) - **SN** (solar noon) - **SS** (sunset)
 - Moon% Illumination - MR** (moonrise) - **MS** (moonset)
 - NM** (date and time of next new moon)
 - FM** (date and time of next full moon).

Each will display for 5 seconds unless you push **S** to manually cycle through the sequence quicker. Push **L** or push and hold **S** to change to next group of data in the sequence of:

CITY & TIME Data > SUN Data > MOON Data.

Push **M** anytime during sequence to revert to time.

24 HOUR BEZEL

The 24-hour bezel with day and night indication can be used as a third time zone indicator. Simply rotate the bezel until hand points to time for desired time zone.

RHYTHM BEZEL

The rhythm bezel can be used to indicate solar high noon.

Rotate the bezel until sunstone falls halfway between sunrise and sunset. When the hand points to the sunstone it is solar noon.

The rhythm bezel can also be used to indicate high and low tide.

Rotate the bezel until the moonstone is halfway between moonset and moonrise and the hand will point to the tide cycle on the oval shape on the bezel. Tide will be high around sun stone and moon stone; low tide will be where the bezel changes from light to dark. Please note that topographical features can throw the actual tide cycle off considerably.

SOLSTICE & EQUINOX DATES

On solstice and equinox dates the LCD center segments will turn into a sun display. Every 30 minutes the letters will flash the event name for 30 seconds. To revert to regular time display until next segment flashing push and hold **S** for 2 seconds.

COMPASS

On a sunny day the watch can be used as a compass. Rotate bezel until sunstone falls at solar high noon, halfway between sunrise and sunset. Then point the hand towards the sun and the sunstone will point to the South. At high latitudes this feature becomes less accurate.

BACK LIGHT

Push **B** once to turn back light on for 3 seconds. When setting the watch at night, push **B** frequently to keep the backlight on. To use backlight during time data review, push **B**.

TURNING DIGITAL TIME OFF

Push **B** twice to turn digital time display off. Pushing any button will restore digital time display.

How to use Past & Future time data calculator.

This function will give you sun and moon data outlined above for any location from year 2000 to 2099.

Push **M** 6 times until display reads **SM-CALC** and then push **S** to set (**B** to go backwards) and **L** to lock each setting in the following sequence of flashing digital readouts:

LOCATION - YEAR - MONTH and DATE.

The display will read **WAIT**, and then shows location followed by the time data. Setting will remain in memory and can be reviewed in **SM-CALC** mode. Initially **HOME** location is displayed, or if previously set, the last selected city will be shown when entering this mode. Push **L** to review data for this setting.

Pushing **L** during data review sequence will speed it up. Push and hold **L** for 2 seconds to change to next group of data during **CITY & TIME Data > SUN Data > MOON Data** sequence. Push **M** anytime to revert to regular time display.

How to set The outer LCD ring.

Push **M** 4 times until **SET RING** displays, then push **S** to review choices and **L** to lock selection. The choices are:

MR/MS = LCD ring will show times for moon up/down and moon rise/set for location displayed.

SR/SS = LCD ring will extend center solar segments.

SR/SS ALT = LCD ring will show day/night ratio and sun set/rise for alternate location.

SR/SS CPN = LCD ring will compare day/night ratio and sun rise/set for alternate location.

The watch will show **MR/MS** if watch is restarted, battery exchanged or if no choice has been made.

How to use the stopwatch.

Push **M** 5 times until display reads **00:00:00** c. Push **L** to start stopwatch and **S** to stop it. Time elapsed will display. Pushing **L** again will restart stopwatch at **00:00:00**.

If you want to take lap time push **L** to start stopwatch and then **L** again to display lap time for 5 seconds before it reverts to counting next lap. Pushing **S** will show elapsed time of all laps.

Stopwatch will run for 24 hours. Push **M** to exit and revert to time display. Push **M** 5 times to re-enter stopwatch mode.

How to set and use the alarms.

In normal running mode push **L** to enter the alarm setting and activation. Initially **00:00** will display; once set actual alarm time will show. Push **S** to set (**B** to go back) and **L** to lock alarm time, first hours, then minutes.

When the sound symbol above the digital time is displayed the alarm with a 10-minute snooze will sound.

To activate the automatic sunrise alarm, which chimes half hour before and at sunrise, push **L** until the rising sun symbol shows above the digital time. Both, either or no alarm can be activated.

How to use PET - Phase Elapsed Time - countdown.

The PET function will count the days and time before a specific time event, to days and time after the event.
Up to 9999 days either way.

Push **M** 7 times until **PET** displays and then push **S** to enter setting. Push **S** to set (**B** to go back) and **L** to lock each segment in flashing sequence of:

YEAR - MONTH - DATE - HOUR - MINUTE.

Once set the display will show time of event and then how many days are left, before it reverts to showing continuous countdown by hours, minutes and seconds.

To exit **PET** push **M** once to show regular time. Push **M** 7 times to re-enter **PET**. When re-entering mode pushing **L** will show **PET** data, while pushing **S** will enter the setting sequence. There is a 30 beep countdown alarm prior to take-off before the digital time starts counting up.

When and how to exchange batteries.

There are 2 batteries in the watch:

1. LCD module battery lithium CR2032 (expected lifetime 3 years)
2. Analog hand movement battery lithium V346 (expected life 5 yrs)

When the LCD battery goes low, the display will show a low battery icon on the left side of digital time. When the analog hand battery goes low, the solar hand will simply stop. To exchange batteries contact us or take to your trusted local jeweler. Ask your jeweler to be careful and ensure proper seating of o-ring before screwing back down.

Auto return.

If you enter any mode except for **Stopwatch** and **PET** the watch will automatically return to running time after about 2 minutes of no operation.



How to adjust the metal bracelet.

Place bracelet in link adjuster tool as shown. Make sure screw-pin points in the same direction as arrow on the back of link. Carefully align screw pin with link pin and slowly start screwing the wheel in. Hold bracelet firmly in place. The link pin will slowly glide out. Remove as many pins as desired to fit your wrist. Re-attach links by reversing the process. There are spare screw pins in the back of tool.

Restarting the watch.

The watch can be restarted by pushing all 4 buttons at once, which will cancel all previous settings, sound alarm, flash display, turn back light on and then start running time from 01-01-2003 with Los Angeles as HOME and Paris as AWAY. Location and time must be reset.

DST considerations.

Across the world there are upwards of a dozen different DST systems of which some are determined on an annual basis by local governments. When setting location by any of the 583 city listings DST has already been programmed.

In the event you need to override this go to **SET HOME** or **SET AWAY** and then push **L** and **DST AUTO** will display. Push **S** to cycle through **DST AUTO / DST ON / DST OFF** choices and push **L** to lock your selection. This feature applies to locations set by **LAT/LON** as well.

Following are DST definitions used in programming:

USA DST = sa = Standard American DST. Daylight time begins on the first Sunday in April and ends on the last Sunday in October. On the first Sunday in April, time is set ahead one hour at 2:00 am local standard time, which becomes 3:00 am local daylight time. On the last Sunday in October time is set back one hour at 2:00am local daylight time, which becomes 1:00 am local standard time.

EURO DST = se = Standard European DST. DST begins at 1 am GMT on the last Sunday of March and ends at 1 am GMT on the last Sunday of October.

AUST DST = sd = Australian DST. At 2 am South Australian standard time on the last Sunday of October time is set 1 hour forward, and at 3 am South Australian summer time on the last Sunday of March time is set 1 hour back.

LATN DST = sb = South Brazilian DST. Changes annually. We used the following standard. At 2 am Southern Brazil standard time on the last Sunday of October time is set 1 hour forward and at 3 am South Brazil summer time on the last Sunday of March time is set 1 hour back.

NO DST = no = Places that do not observe DST: Hawaii, Arizona and most of Indiana. Asia, most of Africa and parts of South America. Plus a few others.

For the following areas we used these DST standards:

sc = Chile DST begins on second Sunday of October and ends on second Sunday of March. Applies to 5 city listings.

sp = Paraguay DST starts first Sunday in September and ends first Sunday in April. Applies to 1 city listing.

sg = Egypt DST begins last Friday in April, ends last Thursday in September. Applies to 2 city listings.

sn = Namibia DST begins first Sunday in September, ends first Sunday in April. Applies to 1 city listing.

sz = New Zealand DST begins first Sunday of October and ends third Sunday in March. Applies to 4 city listings.

st = Tasmania DST begins first Sunday in October and ends last Sunday in March. Applies to 1 listing.

so = Tonga DST starts first Sunday in November, ends last Sunday in January.

si = Iraq and Syria DST starts April 1 and ends October 1.

ss = Israel starts DST first Friday in April, ends first Friday. Decided annually.

sq = Iran DST starts first day of Farvardin, ends last day of Mehr, March 20-Sept 22 this year. Applies 5 city listings.

Alphabetical City Listing.

Please note that .3 decimal indicates 30 minutes.

City Listing	LCD display	LAT / LON	DST Zone
Aberdeen	ABERDEN	2w/57n	se 0
Abha	ABHA	43e/18n	no 3
Abidjan	ABIDJAN	4w/6n	no 0
Abilene	ABILENE	100w/32n	sa -6
Abu Dhabi	ABUDABI	55e/24n	no 4
Abuja	ABUJA	7e/9n	no 1
Acapulco	ACAPULC	100w/17n	sa -6
Accra	ACCRA	0/6n	no 0
Adelaide	ADELAID	139e/35s	sd 9.3
Aden	ADEN	45e/13n	no 3
Adis Abeba	ADISABE	38e/9n	no 3
Ahmadabad	AHMABAD	73e/23n	no 5.3
Alacant	ALACANT	1e/39n	se 1
Albany NY	ALBANY	74w/43n	sa -5
Albuquerque NM	ALBUQRQ	107w/35n	sa -7
Alegre	ALEGRE	51w/30s	sb -3
Aleppo	ALEPPO	37e/36n	si 2
Alesund	ALESUND	6e/62n	se 1
Al-Fashir	ALFASHI	25e/13n	no 2
Algiers	ALGIERS	3e/37n	no 1
Alice Springs	ALICSPG	134e/23s	no 8.3
Amarillo	AMARILO	102w/35n	sa -6
Amman	AMMAN	36e/32n	se 2
Amsterdam	AMSTRDA	5e/52n	se 1

Anchorage AL	ANCHRGE	150w/61n	sa	-9
Andaman Islands	ANDAMAN	93e/12n	no	6
Ankara	ANKARA	33e/40n	se	2
Antafogasta	ANTFGSA	70w/24s	sc	-4
Antigua	ANTIGUA	62w/17n	no	-4
Antilles	ANTILES	69w/12n	no	-4
Aracaju	ARACAJU	37w/11s	sb	-3
Archangelsk	ARCNGSK	41e/64n	se	3
Arhus	ARHUS	10e/56n	se	1
Asheville	ASHEVIL	83w/36n	sa	-5
Asmera	ASMERA	38e/15n	no	3
Asuncion	ASUNCIO	58w/25s	sp	-3
Aswan	ASWAN	33e/24n	sg	2
Athens	ATHENS	24e/38n	se	2
Atlanta	ATLANTA	84w/34n	sa	-5
Atlantic City	ATLNTCT	75w/39n	sa	-5
Auckland	AUCKLND	175e/37s	sz	12
Augusta GA	AUGUSTA	82w/33n	sa	-5
Austin TX	AUSTIN	98w/30n	sa	-6
Azores	AZORES	26w/38n	no	-1
Baghdad	BAGHDAD	44e/33n	si	3
Bahia Blanca	BAHBLNC	63w/38s	no	-3
Bahrain	BAHRAIN	50e/26n	no	3
Bakersfield CA	BAKRSFL	119w/35n	sa	-8
Baki	BAKI	49e/41n	se	4
Bakwanga	BAKWANG	23e/7s	no	2
Bali	BALI	115e/8s	no	8
Baltimore MD	BALTIMR	77w/39n	sa	-5
Bamako	BAMAKO	8w/13n	no	0
Bangalore	BANGLOR	77e/13n	no	5.3
Banghazi	BANGHAZ	21e/32n	no	1
Bangkok	BANGKOK	101e/14n	no	7
Bangor ME	BANGOR	69w/45n	sa	-5
Bangui	BANGUI	18e/4n	no	1
Banjarmasin	BANJRMS	115e/3s	no	8
Barbados	BARBADO	60w/13n	no	-4
Barcelona	BARCLNA	2e/42n	se	1
Bari	BARI	17e/41n	se	1
Basel	BASEL	7e/47n	se	1
Baton Rouge LA	BATNROU	91w/31n	sa	-6
Bayamo	BAYAMO	77w/21n	sa	-5
Beaumont TX	BEAMONT	94w/30n	sa	-6
Beira	BEIRA	35e/19s	no	2
Beirut	BEIRUT	36e/34n	se	2
Belem	BELEM	48w/2s	no	-3
Belfast	BELFAST	6w/54n	se	0

Belgaum	BELGAUM	74e/16n	no	5.3
Belgrade	BELGRAD	20e/45n	se	1
Belize City	BELIZE	88w/17n	no	-6
Benares	BENARES	83e/25n	no	5.3
Bergen	BERGEN	6e/61n	se	1
Berlin	BERLIN	13e/52n	se	1
Bermuda	BERMUDA	65w/32n	sa	-4
Big Sur	BIG SUR	121w/36n	sa	-8
Bilbao	BILBAO	3w/43n	se	1
Billings	BILLING	109w/46n	sa	-7
Birmingham GB	BRMGHGB	2w/52n	se	0
Birmingham US	BRMGHUS	87w/33n	sa	-6
Bismarck	BISMARC	101w/47n	sa	-6
Bissau	BISSAU	15w/12n	no	-1
Blantyre	BLANTYR	35e/16s	no	2
Bloemfontein	BLOMFNT	26e/29s	no	2
Bodo	BODO	15e/67n	se	1
Bogota	BOGOTA	74w/4n	no	-5
Boise ID	BOISE	116w/44n	sa	-7
Bologna	BOLOGNA	11e/44n	se	1
Bombay	BOMBAY	73e/19n	no	5.3
Bordaux	BORDAUX	1w/45n	se	1
Boston	BOSTON	71w/42n	sa	-5
Bouake	BOUAKE	5w/8n	no	0
Brasilia	BRASILA	48w/16s	sb	-3
Brisbane	BRISBNE	153e/27s	no	10
Brownsville	BRONSVL	98w/26n	sa	-6
Brunei	BRUNEI	115e/5n	no	8
Bruxelles	BRUXELL	4e/51n	se	1
Bucharest	BUCARST	26e/44n	se	2
Budapest	BUDAPST	19e/47n	se	1
Buenos Aires	BUENAIR	58w/35s	no	-3
Buffalo	BUFFALO	79w/43n	sa	-5
Bujumbura	BUJUMBR	30e/3s	no	3
Bur Sudan	BURSUDA	37e/19n	no	2
Burlington	BURLGTN	73w/44n	sa	-5
Butte	BUTTE	113w/46n	sa	-7
Cabo San Lucas	CABO	110w/23n	sa	-7
Cagliari	CAGLIAR	9e/39n	se	1
Cairns	CAIRNS	145e/17s	no	10
Cairo	CAIRO	31e/30n	sg	2
Calcutta	CALCUTA	88e/23n	no	5.3
Calgary	CALGARY	114w/51n	sa	-7
Cali	CALI	77w/3n	no	-5
Campo Grande	CMPGRND	55w/21s	sb	-4
Canberra	CANBERA	149e/35s	sd	10

Cancun	CANCUN	87w/21n	sa	-6
Cape Town	CAPTOWN	19e/33s	no	2
Caracas	CARACAS	67w/10n	no	-4
Cardiff	CARDIFF	3w/52n	se	0
Cartagena	CARTAGN	75w/10n	no	-5
Casablanca	CASABLN	7w/33n	no	0
Casper	CASPER	106w/43n	sa	-7
Cayenne	CAYENNE	53w/5n	no	-3
Cebu	CEBU	124e/10n	no	8
Chaco Canyon	CHACO	108w/37n	sa	-7
Changsha	CHANGSH	113e/28n	no	8
Charleston	CHARLST	80w/33n	sa	-5
Charlotte	CHARLOT	81w/35n	sa	-5
Chengdu	CHENGDU	104e/31n	no	8
Chiang Mai	CHIANGM	99e/19n	no	7
Chicago	CHICAGO	88w/42n	sa	-6
Chihuahua	CHIHUAH	106w/29n	sa	-6
Chongquin	CHONQIN	107e/29n	no	8
Christchurch	CHRSTCH	172e/43s	sz	12
Cincinnati	CINCNAT	84w/39n	sa	-5
Cleveland	CLEVLND	82w/41n	sa	-5
Colorado Springs	COLOSPN	105w/39n	sa	-7
Columbia SC	COLMBIA	81w/34n	sa	-5
Columbus GA	COLUMBG	85w/32n	sa	-5
Columbus OH	COLUMBO	83w/40n	sa	-5
Conakry	CONAKRY	13w/10n	no	0
Concepcion	CONCPCN	73w/37s	sc	-4
Copenhagen	COPNHGN	12e/56n	se	1
Cordoba	CORDOBA	64w/32s	no	-3
Cork	CORK	9w/52n	se	0
Corpus Christi	CORPSCH	98w/28n	sa	-6
Coruna	CORUNA	8w/43n	se	1
Costa Rica	COSTRIC	84w/10n	no	-6
Cuiaba	CUIABA	56w/16s	sb	-4
Curitiba	CURITIB	49w/26s	sb	-3
Cusco	CUSCO	72w/13s	no	-5
Cuttack	CUTTACK	86e/21n	no	5.3
Da Nang	DA NANG	108e/16n	no	7
Dakar	DAKAR	17w/15n	no	0
Dallas / Fort Worth	DALLAS	97w/33n	sa	-6
Damascus	DAMASCS	36e/33n	si	2
Dar Es Salaam	DRSALAM	39e/7s	no	3
Darwin	DARWIN	131e/13s	no	9.3
Davao	DAVAO	126e/7n	no	8
Davenport	DAVNPRT	91w/41n	sa	-6
Daytona Beach	DAYTONA	81w/29n	sa	-5

Decatur	DECATUR	89w/40n	sa	-6
Dehli	DEHLI	77e/29n	no	5.3
Denver	DENVER	105w/40n	sa	-7
Des Moines	DESMOIN	94w/42n	sa	-6
Detroit	DETROIT	83w/42n	sa	-5
Dhaka	DHAKA	91e/24n	no	6
Djibouti	DJIBOUT	43e/12n	no	3
Dublin	DUBLIN	7w/53n	se	0
Duluth	DULUTH	92w/47n	sa	-6
Dunedin	DUNEDIN	170e/46n	sz	12
Durban	DURBAN	31e/30s	no	2
Edinburg	EDINBRG	3w/56n	se	0
Edmonton	EDMONTN	113w/54n	sa	-7
El Paso	EL PASO	107w/32n	sa	-7
Elko	ELKO	116w/41n	sa	-8
Elverum	ELVERUM	11e/61n	se	1
Enugu	ENUGU	8e/7n	no	1
Esfahan	ESFAHAN	52e/33n	sq	3.3
Eugene	EUGENE	123w/44n	sa	-8
Fargo	FARGO	97w/47n	sa	-6
Fayetteville	FAYETVL	79w/35n	sa	-5
Fiji	FIJI	178e/18s	no	12
Firenze	FIRENZE	11e/44n	se	1
Flagstaff	FLAGSTF	112w/35n	no	-7
Fort Bragg CA	FRTBRGC	123w/39n	sa	-8
Fortaleza	FORTALZ	39w/4s	no	-3
Frankfurt	FRNKFRT	9e/50n	se	1
Freetown	FREETWN	13w/8n	no	0
Fresno	FRESNO	120w/37n	sa	-8
Fukuoka	FUKUOKA	131e/33n	no	9
Fuzhou	FUZHOU	119e/26n	no	8
Gaborona	GABORNA	26e/24s	no	2
Galapagos	GALAPGS	90w/0	no	-5
Gdansk	GDANSK	19e/54n	se	1
Geneva	GENEVA	6e/46n	se	1
Genova	GENOVA	9e/45n	se	1
Georgetown	GEORGTN	58w/7n	no	-3.45
Gibraltar	GIBRALT	6w/36n	se	1
Glace Bay	GLACBAY	60w/46n	sa	-4
Glasgow	GLASGOW	4w/56n	se	0
Gothenburg	GOTNBRG	12e/58n	se	1
Grand Canyon	GRNDCYN	112w/36n	no	-7
Grand Junction	GRNDJUN	108w/39n	sa	-7
Great Barrier Reef	GRTBARE	150e/20s	no	10
Great Falls	GRTFALS	111w/47n	sa	-7
Green Bay	GRENBAY	88w/44n	sa	-6

Greenville	GREENVL	82w/35n	sa	-5
Guadalajara	GUADALA	103w/21n	sa	-6
Guam	GUAM	145e/13n	no	10
Guangzhou	GUANGZO	113e/23n	no	8
Guatemala	GUATMLA	91w/15n	no	-6
Guayana	GUAYANA	63w/8n	no	-4
Guayaquil	GUAYAQL	80w/2s	no	-5
Guyiang	GUYIANG	107e/27n	no	8
Ha Noi	HA NOI	106e/21n	no	7
Haikou	HAIKOU	110e/20n	no	8
Halifax	HALIFAX	64w/45n	sa	-4
Hamburg	HAMBURG	10e/54n	se	1
Hana	HANA	156w/21n	no	-10
Harare	HARARE	31e/18s	no	2
Harbin	HARBIN	127e/46n	no	8
Hargeysa	HARGEYS	44e/9n	no	3
Harrisburg	HRISBRG	77w/40n	sa	-5
Hartford	HARTFRD	73w/42n	sa	-5
Havana	HAVANA	82w/23n	sa	-5
Helsinki	HELSINK	25e/61n	se	2
Hermosillo	HERMSIL	111w/29n	sa	-7
Hilo	HILO	155w/20n	no	-10
Hobart	HOBART	147e/43s	st	10
Hong Kong	HONGKON	114e/23n	no	8
Honolulu	HONOLUL	158w/21n	no	-10
Horizonte	HORIZNT	44w/20s	sb	-3
Houston	HOUSTON	95w/30n	sa	-6
Huambo	HUAMBO	16e/13s	no	1
Hyderabad	HYDRBAD	78e/17n	no	5.3
Ibiza	IBIZA	2e/39n	se	1
Iguacu	IGUACU	54w/26s	sb	-3
Indianapolis	INDNPLS	86w/40n	no	-5
Indore	INDORE	76e/23n	no	5.3
Innsbruck	INSBRCK	11e/47n	se	1
Iquitos	IQUITOS	73w/4s	no	-5
Iraklion	IRAKLON	25e/35n	se	2
Irkutsk	IRKUTSK	104e/52n	se	8
Istanbul	ISTNBUL	29e/41n	se	2
Itabuna	ITABUNA	39w/15s	sb	-3
Izmir	IZMIR	27e/38n	se	2
Jackson	JACKSON	90w/32n	sa	-6
Jacksonville	JAKSNVL	82w/30n	sa	-5
Jakarta	JAKARTA	107e/7s	no	7
Jerusalem	JERUSLM	35e/32n	ss	2
Jinan	JINAN	117e/37n	no	8
Joao Pessoa	JOAPESS	35w/7s	no	-3

Johannesburg	JOHANBR	28e/27s	no	2
Juazeiro do Norte	JUAZEIR	39w/7s	no	-3
Kabool	KABOL	69e/34n	no	4.3
Kampala	KAMPALA	32e/0	no	3
Kano	KANO	8e/12n	no	1
Kanpur	KANPUR	80e/27n	no	5.3
Kansas City	KANSASC	95w/39n	sa	-6
Karachi	KARACHI	67e/25n	no	5
Kassala	KASSALA	36e/15n	no	2
Kassel	KASSEL	9e/51n	se	1
Kathmandu	KATMNDU	85e/28n	no	5.45
Kazan	KAZAN	49e/56n	se	3
Key West	KEYWEST	82w/24n	sa	-5
Khartoum	KHARTUM	33e/16n	no	2
Kiev	KIEV	30e/51n	se	2
Kikwit	KIKWIT	18e/5s	no	1
Kingston	KINGSTN	77w/18n	no	-5
Kinshasa	KINSHAS	15e/5s	no	1
Kisangani	KISANGA	25e/1n	no	2
Knoxville	KNOXVIL	84w/36n	sa	-5
Koh Samui	KOHSAMU	100e/10n	no	7
Koln	KOLN	7e/51n	se	1
Kota	KOTA	76e/25n	no	5.3
Krakow	KRAKOW	20e/50n	se	1
Kuala Lumpur	KUALUMP	102e/3n	no	8
Kumasi	KUMASI	2w/7n	no	0
Kunming	KUNMING	103e/25n	no	8
Kupang	KUPANG	124e/10s	no	8
Kuwait	KUWAIT	48e/29n	no	3
La Paz	LA PAZ	68w/17s	no	-4
Lagos	LAGOS	4e/7n	no	1
Lake Powell	LAKPOWL	111w/37n	sa	-7
Lake Tahoe	LAKTAHO	120w/39n	sa	-8
Lanzhou	LANZHOU	104e/36n	no	8
Laredo	LAREDO	99w/27n	sa	-6
Las Palmas	LASPALM	15w/28n	no	0
Las Vegas	LASVEGS	115w/36n	sa	-8
Leipzig	LEIPZIG	12e/51n	se	1
Leningrad	LENIGRD	30e/60n	se	3
Lexington	LEXINGT	85w/38n	sa	-5
Lhasa	LHASA	91e/30n	no	8
Libreville	LIBREVL	10e/0	no	1
Lillehammer	LILLHAM	10e/61n	se	1
Lima	LIMA	77w/12s	no	-5
Limoges	LIMOGS	1e/46n	se	1
Lincoln	LINCOLN	97w/41n	sa	-6

Lisbon	LISBON	9w/39n	se	0
Little Rock	LITLROC	92w/35n	sa	-6
Liuzhou	LIUZHOU	109e/24n	no	8
London	LONDON	0/52n	se	0
Los Angeles	LOSANGL	118w/34n	sa	-8
Louisville	LOUISVL	86w/38n	sa	-5
Loungprabang	LUNGPRB	102e/20n	no	7
Luanda	LUANDA	14e/9s	no	1
Lubumbashi	LUBUMBS	27e/12s	no	2
Lulea	LULEA	22e/66n	se	1
Lusaka	LUSAKA	28e/15s	no	2
Luxembourg	LUXMBRG	6e/50n	se	1
Lyon	LYON	5e/46n	se	1
Macchu Picchu	MACHUPI	73w/13s	no	-5
Maceio	MACEIO	36w/9s	sb	-3
Madagascar	MADGSCR	47e/19s	no	3
Madison	MADISON	89w/43n	sa	-6
Madras	MADRAS	80e/13n	no	5.3
Madrid	MADRID	3w/41n	se	1
Madurai	MADURAI	78e/10n	no	5.3
Malatya	MALATYA	38e/38n	se	2
Managua	MANAGUA	86w/12n	no	-6
Manaus	MANAUS	60w/3s	no	-4
Manchester	MANCHES	2w/53n	se	0
Mandalay	MANDLAY	96e/22n	no	6.3
Manila	MANILA	121e/14n	no	8
Maputo	MAPUTO	32e/26s	no	2
Mar del Plata	MARPLAT	58w/38s	no	-3
Maracaibo	MARACAB	72w/11n	no	-4
Marseilles	MARSEIL	5e/44n	se	1
Marshall Islands	MARSHAL	170e/10n	no	12
Mashhad	MASHHAD	60e/36n	se	3.3
Mauritius	MAURTUS	57e/21s	no	4
Mazatlan	MAZATLA	106w/23n	sa	-7
Mbandaka	MBANDK	18e/0	no	1
Mecca	MECCA	40e/22n	no	3
Medellin	MEDELIN	76w/6n	no	-5
Medford	MEDFORD	123w/42n	sa	-8
Medina	MEDINA	40e/24n	no	3
Melbourne	MELBORN	145e/38s	sd	10
Memphis	MEMPHIS	90w/35n	sa	-6
Meridad	MERIDAD	90w/21n	sa	-6
Mexicali	MEXICAL	115w/32n	sa	-8
Mexico City	MEXICOC	99w/19n	sa	-6
Miami	MIAMI	80w/26n	sa	-5
Micronesia	MICRNSA	153e/7n	no	10

Milano	MILANO	9e/46n	se	1
Milwaukee	MILWAUK	88w/43n	sa	-6
Minsk	MINSK	27e/54n	se	2
Mogadishu	MOGADIS	45e/3n	no	3
Mombasa	MOMBASA	39e/4s	no	3
Moncton	MONCTON	65w/46n	sa	-4
Monrovia	MONROVI	11w/7n	no	0
Monterrey MEX	MONTERY	100w/26n	sa	-6
Montes Claros	MTCLARO	44w/17s	sb	-3
Montevideo	MONTVID	56w/35s	no	-3
Montgomery AL	MONTGRY	86w/32n	sa	-6
Montpellier	MONTPLR	44n/4e	se	1
Montreal	MONTRAL	74w/46n	sa	-5
Moscow	MOSCOW	37e/56n	se	3
Mulege	MULEGE	112w/27n	sa	-7
Multan	MULTAN	72e/30n	no	5
Munich	MUNICH	12e/48n	se	1
Murmansk	MURMNSK	33e/69n	se	3
Muscat	MUSCAT	58e/23n	no	4
Mykonos	MYKONOS	26e/37n	se	2
N'Djamena	N DJAME	15e/12n	no	1
Nagpur	NAGPUR	78e/22n	no	5.3
Nairobi	NAIROBI	37e/2s	no	3
Nampula	NAMPULA	39e/15s	no	2
Nanchang	NANCHNG	116e/28n	no	8
Nanjing	NANJING	118e/32n	no	8
Nanning	NANNING	108e/23n	no	8
Nantes	NANTES	2w/47n	se	1
Napoli	NAPOLI	14e/41n	se	1
Nashville	NASHVIL	87w/36n	sa	-6
Nassau	NASSAU	77w/25n	sa	-5
Natal	NATAL	35w/6s	no	-3
New Guinea	NGUINEA	140e/5s	no	8
New Orleans	NEWORLN	90w/30n	sa	-6
New York	NEWYORK	74w/41n	sa	-5
Newcastle	NEWCAST	2w/55n	se	0
Newfoundland	NEWFUNL	55w/48n	sa	-3.3
Niamey	NIAMEY	2e/13n	no	1
Nice	NICE	7e/44n	se	1
Nicosia	NICOSIA	33e/35N	se	2
Niznij	NIZNIJ	44e/56n	se	3
Nome	NOME	166w/64n	sa	-9
Norfolk	NORFOLK	76w/37n	sa	-5
Novosibirsk	NOVSIBR	83e/55n	se	6
Nurnberg	NURNBRG	11e/49n	se	1
OBX	OBX	76w/36n	sa	-5

Odesa	ODESA	31e/47n	se	2
Odessa	ODESSA	102w/32n	sa	-6
Okinawa	OKINAWA	128e/27n	no	9
Oklahoma City	OKLA CT	98w/36n	sa	-6
Omaha	OMAHA	96w/41n	sa	-6
Omsk	OMSK	74e/55n	se	6
Orlando	ORLANDO	82w/28n	sa	-5
Osaka	OSAKA	136e/35n	no	9
Oslo	OSLO	11e/60n	se	1
Ottawa	OTTAWA	76w/45n	sa	-5
Ouagadougou	OUAGADO	2w/13n	no	0
Padang	PADANG	101e/1s	no	7
Palenque	PALENQE	92w/17n	sa	-6
Palermo	PALERMO	13e/38n	se	1
Palm Springs	PALMSPR	117w/34n	sa	-8
Panama	PANAMA	79w/9n	no	-5
Paramaribo	PARAMAR	55w/6n	no	-3.5
Paris	PARIS	2e/49n	se	1
Peking	PEKING	116e/40n	no	8
Pelotas	PELOTAS	52w/32s	sb	-3
Pensacola	PENSACL	87w/31n	sa	-6
Perm	PERM	57e/58n	se	5
Perth	PERTH	116e/32s	no	8
Philadelphia	PHILADF	75w/40n	sa	-5
Phnom Pehn	PNOMPEN	105e/12n	no	8
Phoenix	PHOENIX	112w/33n	no	-7
Phuket	PHUKET	98e/8n	no	7
Pittsburgh	PITSBRG	80w/40n	sa	-5
Poona	POONA	74e/18n	no	5.3
Port Elizabeth	PRTELIZ	26e/33s	no	2
Port Hedland	HEDLAND	118e/21s	no	8
Port Moresby	MORESBY	148e/9s	no	10
Port-au-Prince	PRTPRNC	72w/18n	no	-5
Portland	PORTLND	123w/46n	sa	-8
Porto	PORTO	8w/41n	se	1
Potosi	POTOSI	101w/22n	sa	-6
Poznan	POZNAN	17e/52n	se	1
Prague	PRAGUE	14e/50n	se	1
Prince George	PRNCGEO	123w/54n	sa	-8
Puerto Monti	MONTI	73w/42s	sc	-4
Punta Arenas	PUNAREN	71w/53s	sc	-4
Pyongyang	PYONYNG	126e/39n	no	9
Quebec	QUEBEC	71w/47n	sa	-5
Quito	QUITO	77w/0	no	-5
Raipur	RAIPUR	82e/22n	no	5.3
Raleigh	RALEIGH	79w/36n	sa	-5

Rangoon	RANGOON	96e/17n	no	6.3
Rapid City	RAPID C	103w/44n	sa	-7
Rawalpindi	RAWLPND	73e/33n	no	5
Regina	REGINA	105w/50n	no	-6
Rennes	RENNES	2w/48n	se	1
Reno	RENO	120w/40n	sa	-8
Reykjavik	REYKJAV	22w/64n	no	0
Rhodes	RHODES	28e/36n	se	2
Richmond VA	RICHMND	77w/38n	sa	-5
Riga	RIGA	24e/57n	se	2
Rio Branco	RIOBRNC	68w/10s	no	-5
Rio De Janeiro	RIO	43w/22s	sb	-3
Rivadavia	RIVADAV	68w/46s	no	-3
Riydah	RIYDAH	47e/25n	no	3
Roanoke	ROANOKE	80w/37n	sa	-5
Rochester	ROCHSTR	77w/43n	sa	-5
Rockhampton	RCKHMPT	150e/23s	no	10
Rome	ROME	13e/42n	se	1
Rosario	ROSARIO	61w/33s	no	-3
Roseau	ROSEAU	61w/15n	no	-4
Sacramento	SACRMTO	122w/39n	sa	-8
Salt Lake City	SALTLC	112w/41n	sa	-7
Salvador	SALVADR	39w/13s	sb	-3
Samoa	SAMOA	171w/13s	no	-12
San Antonio	SANANTO	98w/29n	sa	-6
San Diego	SANDIEG	117w/33n	sa	-8
San Fransisco	SANFRAN	122w/38n	sa	-8
San Jose CA	SANJOSE	122w/37n	sa	-8
San Juan	SANJUAN	66w/18n	no	-4
San Pedro MEX	SANPEDR	88w/15n	no	-6
San Salvador	SNSALVD	89w/15n	no	-6
Santa Barbara	SNTABAR	120w/35n	sa	-8
Santa Cruz BOL	STCRUZB	63w/18s	no	-4
Santa Fe	SANTAFE	106w/36n	sa	-7
Santana	SANTANA	56w/31s	sb	-3
Santarem	SANTARM	55w/2s	no	-4
Santiago	SANTIAG	71w/33s	sc	-4
Santo Domingo	SNTDOMG	70w/19n	no	-4
Sao Luis	SAOLUIS	44w/3s	no	-3
Sao Paulo	SAOPAU	46w/23s	sb	-3
Sapporo	SAPPORO	141e/43n	no	9
Sarajevo	SARAJEV	18e/44n	se	1
Saskatoon	SASKATN	107w/52n	no	-6
Sault Ste.Marie	STMARIE	84w/47n	sa	-5
Savannah	SAVANAH	81w/32n	sa	-5
Seattle	SEATTLE	122w/47n	sa	-8

Seoul	SEOUL	127e/38n	no	9
Seychelles	SEYCHLS	55e/6s	no	4
Shanghai	SHANGHI	121e/31n	no	8
Shenyang	SHENYNG	123e/42n	no	8
Shiraz	SHIRAZ	53e/30n	sq	3.3
Shreveport	SHRVPRT	94w/32n	sa	-6
Singapore	SINGPOR	103e/2n	no	8
Sioux Falls	SIOUX F	97w/43n	sa	-6
Skopje	SKOPJE	21e/42n	se	1
Smolensk	SMOLNSK	32e/55n	se	3
Sofia	SOFIA	23e/43n	se	2
Spokane	SPOKANE	117w/48n	sa	-8
Springfield MI	SPRNGFI	93w/37n	sa	-6
Sri Lanka	SRILANK	80e/7n	no	5.3
St. Louis	STLOUIS	90w/39n	sa	-6
St.Marteen	STMARTIN	63w/18n	no	-4
St.Paul / Minneapolis	ST PAUL	93w/45n	sa	-6
Stavanger	STAVNGR	6e/59n	se	1
Stockholm	STOKHLM	18e/59n	se	1
Strasbourg	STRASBR	7e/48n	se	1
Stuttgart	STUTGRT	9e/49n	se	1
Sundsvall	SUNDSVL	17e/63n	se	1
Surabaya	SURABYA	112e/8s	no	7
Sydney	SYDNEY	151e/34s	sd	10
Tabriz	TABRIZ	47e/38n	sq	3.3
Tabuk	TABUK	37e/28n	no	3
Tahiti	TAHITI	150w/18s	no	-10
Taipei	TAIPEI	122e/25n	no	8
Tallahasse	TALAHAS	84w/31n	sa	-5
Tampa/St.Petersburg	TAMPASP	83w/28n	sa	-5
Tampico	TAMPICO	98w/22n	sa	-6
Tangier	TANGIER	5w/36n	no	0
Taskent	TASKENT	69e/42n	no	6
Tbilisi	TBILISI	45e/42n	se	3
Tehran	TEHRAN	52e/36n	sq	3.3
Teresina	TERESIN	43w/5s	no	-3
Thessaloniki	TESLNKI	23e/41n	se	2
Thunder Bay	THUNDRB	89w/48n	sa	-5
Tokyo	TOKYO	140e/36n	no	9
Toledo	TOLEDO	84w/42n	sa	-5
Tonga	TONGA	174w/21s	so	12
Toronto	TORONTO	79w/44n	sa	-5
Toulouse	TOULOUS	2e/43n	se	1
Tours	TOURS	0/47n	se	1
TravisAFB	TRAVIS	122w/38n	sa	-8
Trinidad	TRINIDA	62w/11n	no	-4

Tripoli	TRIPOLI	13e/32n	no	1
Tromso	TROMSO	19e/69n	se	1
Trondheim	TRONDHM	10e/63n	se	1
Trujillo	TRUJILO	79w/8s	no	-5
Tsingtao	TSNGTAO	120e/37n	no	8
Tucson	TUCSON	111w/32n	no	-7
Tucuman	TUCUMAN	65w/27s	no	-3
Tulsa	TULSA	96w/36n	sa	-6
Tunis	TUNIS	10e/37n	no	1
Turku	TURKU	23e/61n	se	2
Tuscaloosa	TUSCLOS	88w/33n	sa	-6
Uberlandia	UBERLAN	48w/18s	sb	-3
Ujungpadang	UJUNGPD	120e/5s	no	8
Ulaanbaatar	ULANBTR	107e/48n	se	8
Vanatu	VANATU	168e/16s	no	11
Vancouver	VANCUVR	123w/49n	sa	-8
Venezia	VENEZIA	12e/46n	se	1
Veracruz	VERACRZ	96w/19n	sa	-6
Vienna	VIENNA	16e/48n	se	1
Vilnius	VILNIUS	25e/55n	no	2
Vishakhapatnam	VISHAPT	83e/18n	no	5.3
Vitoria	VITORIA	41w/20s	sb	-3
Vladivostok	VLADVST	132e/43n	no	10
Volgograd	VOLGRAD	44e/48n	se	3
Warsaw	WARSAW	21e/52n	se	1
Washington DC	WASHNGT	77w/39n	sa	-5
Wellington	WELINGT	175e/41s	sz	12
Wenzhou	WENZHOU	121e/28n	no	8
West Palm Beach	WPLMBCH	80w/27n	sa	-5
Wichita Falls	WICHTFL	98w/34n	sa	-6
Wichita	WICHITA	97w/38n	sa	-6
Willemstad	WILMSTD	69w/12n	no	-5
Williston	WILISTN	104w/48n	sa	-6
Wilmington	WILMNGT	78w/34n	sa	-5
Windhoek	WINDHOK	17e/23s	sn	2
Winnipeg	WINIPEG	97w/50n	sa	-6
Winston-Salem	WNSTSAL	80w/36n	sa	-5
Wuhan	WUHAN	114e/31n	no	8
Xiamen	XIAMEN	118e/24n	no	8
Xian	XIAN	108e/34n	no	8
Yanbur	YANBUR	38e/24n	no	3
Yaounde	YAOUNDE	12e/4n	no	1
Yellowstone	YELOSTO	110w/44n	sa	-7
Yosemite	YOSEMIT	120w/38n	sa	-8
Youngstown	YNGSTWN	81w/41n	sa	-5
Zagreb	ZAGREB	16e/46n	se	1

Zahedan	ZAHEDAN	61e/29n	sq	3.3
Zaragoza	ZARAGOZ	1w/42n	se	1
Zhengsou	ZHENGSSU	114e/35n	no	8
Zurich	ZURICH	9e/47n	se	1

Time Zone Map

The world is divided into 24 time zones. Time zone 0 goes through Greenwich, London, also called GMT or UTC and goes from:

+1 to +12 EAST
-1 to -12 WEST

in 30 minute increments.

They meet at the date line which cuts through the Pacific Ocean.

Each time zone corresponds to 15 degrees, yet over land is governed by geographical boundaries.

When setting your HOME or AWAY location by LAT/LON please use the map to choose your time zone.



LIMITED WARRANTY

Wild Seed Inc. warrants all components of this product, except batteries and societal time changes beyond our control, to be free of defect in material and workmanship under normal use for a period of two years from date of purchase.

Wild Seed Inc. will, at its discretion, repair or replace the product at no charge for parts and labor.

The warranty does not apply to failures caused by misuse, fire, tampering or any consequential claims resulting from use and/or application.

Send warranted product with proof of date of purchase to the address listed on our web site under "Contact Us":

www.yeswatch.com

info@yeswatch.com

Please include your name, address and phone for return shipment.

Your Watch Information

Please retain a record of the following information:

- watch model
- serial number
- date purchased
- purchase location